



# NORTHERN LEHIGH HIGH SCHOOL

## ATHLETIC DEPARTMENT

One Bulldog Lane  
Slatington, PA 18080-1399  
Telephone (610) 767 – 9840  
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Dear Parent/Guardian,

This letter is in reference to the 2017 – 18 athletic physicals. **St. Luke's University Health Network** will perform physical exams on the Northern Lehigh campus for PIAA athletics. Northern Lehigh School District will offer **ONLY** one (1) physical for student athletes encompassing grades 7 – 12 (current grades 6-11). This physical is valid for all Northern Lehigh Athletics offered for the entire school year. These physicals will be offered at Northern Lehigh High School on Friday, June 2<sup>nd</sup> at the conclusion of classes.

If your son/daughter will be participating in **ANY** Northern Lehigh School District sponsored athletic program (Baseball, Basketball, Cheering, Cross Country, Field Hockey, Football, Soccer, Track & Field and/or Wrestling) in the 2017-18 school year, we strongly encourage you to have your child attend this physical. Each student and/or parent/guardian will be responsible for a **\$10** co-pay for this physical. Payment can be made by either cash or check to: **NORTHERN LEHIGH ATHLETICS**.

**Prior to the examination, it is vital that parents complete sections 1, 2, 3, 4, and 5 of the PIAA Comprehensive Initial Pre-Participation Physical Evaluation (CIPPE) Form.** As in the past, you may have your own physician give your son/daughter a physical using the CIPPE form. The Pennsylvania Interscholastic Athletic Association (PIAA) has approved this method and requires athletes to complete the CIPPE form and submit them to the Northern Lehigh High School Nurse's office before participation in any athletic program.

Please submit all properly completed forms and the \$10 co-pay to the Athletic Trainers' mailbox in the High School main office by **Wednesday, May 24<sup>th</sup>, 2017**.

Athletes currently in grades 9-11 will start the pre-physical process after exams at approximately 2:15pm.. The physician exams will begin at the conclusion of classes. Students currently in grades 7 and 8 should report directly to the High School after dismissal. Current 6<sup>th</sup> grade students may arrive after dismissal from Slatington Elementary. Parents may pick-up student-athletes after the physical in the High School at the conclusion of the physical examination. Parents are welcome to wait in the High School Main Lobby until their son/daughter is finished with the exam.

All of the Northern Lehigh Athletics documents can be found on our school district web site (<http://schools.nlsd.org/srhnlsd/athletics.php?sub=athleticforms>), Northern Lehigh Athletic website ([www.nlsdathletics.org](http://www.nlsdathletics.org)) or copies may be attained in the main office of the high school. If either document is not received with the appropriate signatures, your son/daughter will not be eligible to participate in Northern Lehigh Athletics. Please see our Athletic website for more information.

Bryan Geist, CAA  
Athletic Director

# Checklist for Parents/Guardians

- Acquire a CIPPE form from the athletic website, head coach or high school main office
- Complete CIPPE Section 1: Personal and Emergency Information
- Complete CIPPE Section 2: Certification of Parent/Guardian
  - Parent/Guardian signature next to all sports that apply
  - Parent/Guardian signatures in parts B, C, D and E.
- Complete CIPPE Section 3: Understanding Risk of Concussion and Traumatic Brain Injury
  - Student Signs and Dates
  - Parent/Guardian Signs and Dates
- Complete CIPPE Section 4: Sudden Cardiac Arrest
  - Student must sign and date
  - Parent/Guardian must sign and date
- Complete CIPPE Section 5: Health History
  - Student must sign and date
  - Parent/Guardian must sign and date
- Do not complete Section 6: Authorized Medical Examiner
- Submit the following documents to the **Athletic Trainers by May 24<sup>th</sup>, 2017**
  - CIPPE Sections 1, 2, 3, 4 and 5
  - \$10 cash or check made payable to **NORTHERN LEHIGH ATHLETICS**.
- Attend the June 2<sup>nd</sup> St.Luke's University Health Network Physical at Northern Lehigh High School
  - HS, MS and 6<sup>th</sup> grade report after dismissal
  - Athletes should wear shorts, tee shirt and sneakers
- If you want your own physician to give the physical, please do the following
  - Physicals must be dated **AFTER June 1<sup>st</sup>, 2017**
  - Complete Sections 1 – 5 as stated above and have your own physician complete Section 6
  - Submit all properly documented papers to the head coach of the sport you are participating in this fall.

**\*\*\*Athletes will NOT be allowed to PRACTICE or COMPETE until the physical form is completed properly in ALL SECTIONS.\*\*\***

**\*\*\*This is the only physical that is scheduled for the 2017-18 school year\*\*\***